



John Underwood- The Life of an Athlete

Sponsored by

Prevention Network

Michigan- Office of Drug Control Policy

Alliance of Coalitions for Healthy Communities

Oakland County Health Division/Office of Substance Abuse Services

- WHO:** John Underwood- a former NCAA All-American and International distance runner and Olympic Coach is an Advocate for drug-free sports at all levels. He is the Master Trainer for the New York Public High School Athletic Association drug prevention program
- WHAT:** He will discuss a multi-year prevention program for middle and high school students to confront chemical health issues and impact the problems that face today's athletes
- WHERE:** Troy School District Service Building- Board Room 4420 Livernois, Troy
- WHEN:** Monday, September 22, 2008 from 9:30- 2:30

Goals of the Training

- Helping everyone better understand alcohol's impact on the student athlete and on the athletic experience in general.
- Encourage attendees—whether administrators, parents, students, or community groups—to review and evaluate their school district's written policies and practices regarding student athletes and alcohol (and other drug) use.
- Encourage school districts to adopt written policies and practices if necessary that allow the student athlete to learn from past mistakes and understand the importance of not using alcohol (and other drugs).

A breakfast snack and lunch will be provided at no cost to individuals who pre-register by calling or e-mailing Kathleen Altman, 248.858.0008/ altmank@oakgov.com and indicating name and organizational affiliation

CEUs for prevention specialists and consultants will be available

